

TITLE OF REPORT: Gateshead Health & Wellbeing Board – Progress Update

REPORT OF: Caroline O’Neill, Strategic Director, Care, Wellbeing & Learning

Summary

To update and seek the views of the Care, Health & Wellbeing OSC on the work of the Gateshead Health & Wellbeing Board for the six-month period October 2018 to March 2019.

Background

1. The Health and Social Care Act 2012 provided for the establishment of Health & Wellbeing Boards (HWBs) as committees of local authorities to bring together leaders from the health and care system to work together to improve the health and wellbeing of their local population.
2. As part of the 2018/19 work programme for the Care, Health & Wellbeing OSC, it was agreed to provide two six monthly updates on the work of the HWB.
3. A report has already been provided on the work of the HWB for the period 1st April to 30th September 2018.

Gateshead Health & Wellbeing Board – Progress Update October 2018 to March 2019

4. The following update highlights key issues considered by the HWB and progress made for the period 1st October 2018 to 31st March 2019.

Joint Strategic Needs Assessment: Update / Refresh

5. The Board considered a refreshed Joint Strategic Needs Assessment (JSNA) and agreed to retain the existing strategic priorities with the addition of air quality. This reflects a clearer understanding of the effect that poor air quality has on human health:
 - High concentrations of nitrogen dioxide are known to cause health effects including lung problems, sensitivity to allergens and can trigger asthma.

- There are strong relationships between fine particulate concentrations and cardiovascular and respiratory diseases, such as strokes and heart disease.
 - There is a growing body of evidence linking air pollution with brain health.
6. The Board also considered a progress update on action areas from the 2017 JSNA update. Next steps identified included:
- Continue to engage 'expert authors' in developing and reviewing the content of the JSNA;
 - To add more examples of the 'lived experience' of local people in the form of case studies to bring additional richness to the JSNA;
 - Continue to integrate intelligence on Gateshead's assets into the JSNA.

Thriving in Gateshead – rethinking Health & Wellbeing Conference

7. A conference took place on 23rd January which included Sir Michael Marmot and other keynote speakers to help us rethink health and wellbeing and to shape a new Health & Wellbeing Strategy to tackle inequality and give Gateshead people a real chance to thrive.
8. The conference heard that an ageing population, economic downturn, austerity and the impact of welfare reform has placed a huge burden on our citizens and creates challenges for Gateshead. This is having a huge impact on our communities, families and individuals.
9. Facilitated workshops took place on:
- The wider determinants of health
 - Our health behaviours and lifestyles
 - The places and communities we live in, and with
 - An integrated health care system
10. The outputs from the conference and workshops are being used to inform our future approach to health and wellbeing.

Integrating Health and Care in Gateshead

11. The Board received updates from system leaders on work to progress health and care integration for the benefit of local people, including:
- A Gateshead 'Place' based approach to health and care that supports the 'Thrive' agenda.
 - Integrated, whole system budget planning.
 - Reporting on performance etc. through a whole system 'lens'.
 - Priority areas of focus for 2019/20 and key transformation programmes.

- Development of a Memorandum of Understanding for the Gateshead Health and Care System and associated governance arrangements.
- Looking at ways to take forward preventative approaches across the local health and care system.
- Enablers to integration such as IT, workforce etc.
- Development of a Gateshead Plan to capture the key components of our approach.
- Whole system responses to national consultations e.g. LGA Green Paper on Adult Social Care.

Director of Public Health Annual Report 2018

12. The Gateshead Director of Public Health Annual Report 2018 'Obesity; Made in England' was presented to the Board which focused on the issue that society has in maintaining a healthy weight.
13. The report described the need to take a radically different approach. It was reported that one to one interventions are important to help individuals tackle their own weight; however, this is not enough to tackle the issue and we have to take action at a population level. In Gateshead 69% of adults are overweight and obese. We therefore need to consider the complexity of the issue and plans need to refocus on the medium and longer term (beyond 5 years).
14. It was reported that the evidence shows a collaborative whole systems approach is likely to be more effective in promoting healthy weight in children, young people and families rather than single interventions on their own. Local partnerships including the 'Health and Care System' the voluntary sector, local communities and local businesses should work in partnership to tackle obesity in Gateshead. This report identified areas in which change could be affected and recommended actions that can contribute to the commitment to end obesity in Gateshead.
15. The Board endorsed the six key recommendations of the report:
 - A Whole System Approach is needed. Everyone has a role to play.
 - A commitment to a healthy weight future for Gateshead with overt recognition that this will take time and tenacity.
 - Obesity is a problem of inequality, that needs to be tackled so everyone in Gateshead has the opportunity to thrive.
 - Community led interventions are needed to tackle obesity as part of a placed-based approach.
 - A balance between population-level measures and more targeted interventions and approaches across the life course are required.
 - Call to Action - The Council and its partners should consider measures that could be implemented at an organisational level to minimise the obesogenic environment for its workforce.

Strategic & Operational Plans

16. The Board considered the following strategic and operational plans during the period October 2018 to March 2019:

Delivery of Children and Young People's Mental Health and Wellbeing Service and Local Transformation Plan Refresh

17. The Board received an update on the delivery of children and young people's mental health services in Gateshead and the progress made in mobilising two new service specifications - 'Getting Help' and 'Getting More Help'.
18. The case for change was summarised and it was noted that emphasis has been placed on the crucial importance of early intervention in addressing emerging emotional and mental health issues for children and young people.
19. The Board were provided with a summary of the new service which included establishing a single point of access with phased access by referrers, children young people and their families. It was noted that this will result in 'no bouncing' between services and help to ensure the child or young person has timely access to the correct service.
20. The Board asked what plans are in place to cope with increased demand for services. In response, it was highlighted that plans are in motion to build capacity amongst the third sector in addition to the new trailblazer in schools and use of KOOTH (an online counselling and emotional well-being platform for children and young people).

Placement Sufficiency and Commissioning Strategy for Children in Care in Gateshead 2018-2021

21. The Board considered the Placement Sufficiency and Commissioning Strategy for Children in Care in Gateshead for the period 2018-2021. The strategy covers the accommodation and placement needs for Looked After Children and Care Leavers supported by the Council.
22. It was reported that 7 key priorities are at the heart of this strategy:
- Our Children and Young People are respected and involved.
 - Our placements are safe and meet the needs of our Children and Young People.
 - Positive relationships and identity.
 - Our Children and Young People will be supported to improve their physical and emotional health and wellbeing.
 - Our Children and Young People are encouraged to reach their educational, employment and training potential.
 - Our Young People moving into adulthood will be supported to achieve their full potential in life.

- Improve our role as the Corporate Parent.
23. Details were provided of how the Council will ensure that there is sufficient accommodation of all types of children in their care.
24. It was noted that commissioning intentions going forward are focused on:
- An integrated commissioning approach for children and families across social care and health.
 - Shifting resources downstream towards prevention and early help to reduce the demand on specialist services.
 - Tackling the root causes of disadvantage and developing more responsive and personalised services.
 - Increasing focus on outcomes, rather than inputs and outputs.

Impact of the Roll out of Universal Credit

25. The Board received a report and presentation from Dr Mandy Cheetham on the Impact of the Roll Out of Universal Credit. It was noted that qualitative research on the impact of the UC roll out was commissioned by Gateshead Council's Public Health Team. Interviews were held between April and October 2018 with 33 claimants (including people with long term health conditions, disabilities and complex lives) and 37 staff supporting them.
26. An overview of issues faced by new claimants was provided. It was noted that there were a range of issues including the online claims process, the 5 week assessment period, incorrect awards and the impact on a claimant's physical and mental health.
27. It was found that the online application process was discriminatory, particularly to those who lack the skills and knowledge to use ICT systems including those with mental health problems and learning disabilities. The Board received information and case studies in relation to the pitfalls experienced by claimants of UC which included delays in payments, negotiating the claimant commitment, the rise in poverty and the impact and consequences of declining mental and physical health.
28. A variety of media coverage reporting on the impact of Universal Credit was displayed. Additionally, a quote was provided from the UN Special Rapporteur on Extreme Poverty and Human Rights was shown stating "British compassion for those who are suffering has been replaced by a punitive, mean spirited and often callous approach."
29. The Chair thanked Dr Cheetham for the report noting its significance in understanding the real impacts of UC on individuals and society.
30. It was agreed that the Board would write to the Secretary of State for Work & Pensions to highlight the concerns identified amongst UC claimants in

Gateshead. The letter was also copied to the shadow Secretary of State/ spokespersons for Work & Pensions.

OFSTED Inspection of LA Children's Services: Self Evaluation & Annual Conversation Update

31. The Board considered an update on the outcome of the annual conversation held with Ofsted on the 5th December, held under the Inspection of Local Authority Children's Services (ILACS) framework.
32. A summary of the report was provided highlighting that the ILACS is a system of inspection that allows Ofsted to be proportionate, flexible and bespoke to each area they inspect.
33. It was noted that as part of the meeting the Council set out progress from the last annual conversation (held in October 2017):
 - Our Strategic Director of CWL was appointed September 2017 and we now have a stable senior leadership team.
 - Our Early Help Service is now well embedded, caseload capacity has been increased and we have developed a single integrated Early Help Structure.
 - We have strengthened our Edge of Care service through the Complex CiN and Rapid Response Teams.
 - Our Domestic Abuse services have been reviewed and a new service put in place.
 - We have strengthened our performance management information to ensure comparator data is included and commentary provided.
 - Regular service performance clinics ensure detailed scrutiny of data, and this now informs robust self-challenge and targets quality assurance work.
 - We have reviewed the appropriateness and timeliness of all children who are looked after.
 - The Jewish Community is now actively engaged in the safeguarding agenda through Local Safeguarding Children Board representation and safeguarding training with the Council.
 - We have had our focused visit of the Care Leavers service in March 2018.
34. The Board was also provided with a summary of areas identified for improvement in addition to key headlines from the feedback letter received following the annual conversation:
 - Our self-evaluation describes very well the vision for children and families in Gateshead, including key service strengths and priorities for improvement.
 - Ofsted reflected back the SEF could be enhanced with: less description about what has been done and more about what difference this has made for children and their families.

- The data provided to support the SEF was seen as a good evidence base. They supported our objective to further develop performance management arrangements to provide more accurate real time information to assist front line managers' oversight of practice.
- Our SEF and the discussion at the meeting provided a picture of an outward looking service seeking to learn from best practice, sector led improvement groups and local partners to improve outcomes for children and young people.
- Performance data reflects timely responses to key safeguarding activity (e.g. contacts and assessments).
- We identified, and they recognised we have more to do to continue to improve the consistency of children's plans.
- They supported that we are exploring ways to create more opportunities for children and young people to contribute to quality assurance processes.
- Recognised that we are adapting services to challenging demands on statutory services by strengthening our early help and edge-of-care offer.
- Placement stability for LAC seen as a key strength, wherever possible we keep children in care living locally.
- Timeliness of Care Proceedings performance is good, but we need to ensure we are equally able to monitor performance for pre-proceedings.
- The Educational Inclusion Panel (EIP), involving all secondary schools working together to reduce permanent exclusions and while there has been good progress, there remains more to do.
- Ofsted noted progress measures for 16-year old pupils suggest room for further improve in attainment given the above average outcomes in reading, writing and mathematics at the end of key stage 2.

35. It was noted that sector led work is being done regionally to prepare for Ofsted when they visit. It was further noted that the Council is being proactive in liaising with other Councils to share best practice and ways of working.

Annual Report on Permanent Exclusions (2017/18)

36. The Board received a report on the current position regarding permanent exclusions in Gateshead's schools and strategies in place to address the issue.

37. It was noted that permanent exclusions had risen significantly since 2013/14 and that Gateshead has excluded a higher proportion of its secondary aged pupils than its north east neighbours. A summary of permanent exclusions across both primary and secondary schools was provided. It showed that boys are more likely to be permanently excluded than girls in Gateshead which follows the national trend.

38. It was noted that adverse early childhood experiences can lead to risk behaviours and drug/alcohol misuse which are some of the underlying reasons that give rise to permanent exclusions.
39. The Board were provided with a summary of strategies being used to address permanent exclusions which include 'The Team Around the School', Primary Behaviour Support Teams and making use of the online Kooth counselling service.
40. It was noted that following a three year upward trend, permanent exclusions reduced considerably in the 2017/18 academic year. Primary permanent exclusions reduced by 80% down from 5 in 2016/17 to 1 in 2017/18 and secondary exclusions reduced by 37% down from 99 in 2016/17 to 62 in 2017/18. Trends on exclusions will continue to be monitored closely.

Adult Mental Health – 'Gateshead Newcastle Deciding Together, Delivering Together'

41. The Board considered an update report on the establishment of a cross organisational Deciding Together Delivery Group. Emerging priority areas of work that were identified included:
 - a) Easy access to the mental health system.
 - b) Development of an integrated physical, mental health and social care response for older people (including urgent response).
 - c) Redesign of older people mental health inpatient beds.
 - d) Redesign of adult mental health inpatient beds.
 - e) Provision of a safe haven hub.
 - f) Increased availability of short-term, non-hospital, crisis beds.
 - g) Development of a crisis and home based treatment service.

Personal Health Budgets Update

42. The Board considered a report advising how Newcastle Gateshead Clinical Commissioning Group (CCG) will continuously develop the local offer for Personal Health Budgets.
43. It was noted that the NHS Five Year Forward View sets out a vision for the future NHS, including a new relationship with patients and communities that supports people to gain greater control of their own care when they need health services. A key part of this is developing how Personalised Care is offered to individuals.
44. It was highlighted that Personal Health Budgets offer people a chance to take as much or as little control over the care that they receive as they wish. It was noted that some individuals don't want to have the responsibilities that come with having direct payment personal health budgets and have chosen to have a 'notional' personal health budget (this

option is attractive to those people who are happy with their care arrangements and want very little or nothing to change at present).

45. It was reported that the CCG has joined a mentorship programme and has shared best practice with Hull CCG. It participates in the North East Regional PHB Network and takes up opportunities to learn and share with CCGs around the country.

Assurance Agenda

46. As part of the Board's assurance agenda, the Board considered and endorsed:

- The Local Safeguarding Children's Board Annual Report 2017/18 and Business Plan 2018/19;
- The Health Protection Assurance Annual Report 2017/18.
- The quarterly returns to NHS England relating to the Better Care Fund Plan – quarters 2 and 3 of 2018/19.

Other Issues

47. Other issues considered by the Board included:

- *Adverse Childhood Experiences:* The Board supported the Council becoming an 'ACE' (Adverse Childhood Experiences) aware Council so that the wider workforce and partners understand the significant impact of ACEs on the health and wellbeing of Gateshead's children and adults.
- *Public Sector Reform Update:* The Board received an update on the Council's Public Service Reform work.
- *Consultation on Proposal to End the Sale of Energy Drinks to Children:* The Board was consulted on a response to the Department of Health and Social Care's consultation on ending the sale of energy drinks to children.

Recommendations

48. The views of OSC are sought on:

- (i) the update on the work of the Gateshead Health & Wellbeing Board for the six-month period October 2018 to March 2019, as set out in this report.

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